



August 2010



Site Salad Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Calypso Salad 2 Mango Chardonnay Dressing Cinnamon Apple Muffin Pears 5</p>	<p>Oriental Salad 3 Raspberry Vinaigrette Baked Beans Wheat Bread Margarine Watermelon 7</p>	<p>Buffalo 4 Chicken Salad Lite Ranch Dressing Blueberry Bread Apple 6</p>	<p>Taco Salad with 5 Taco Sauce Tortilla Chips Raisin Box Apricots 8</p>	<p>Caramel 6 Apple Salad Three Bean Salad Wheat Bread Margarine Mandarin Oranges 7</p>
<p>Seafood Salad 9 Lite Ranch Dressing Cracked Wheat Roll Margarine Pineapple Tidbits 7</p>	<p>Chef Salad 10 Lite Ranch Dressing Cracked Wheat roll Margarine Peaches 5</p>	<p>11 Ranch Pasta Salad Carrot & Celery Sticks w/ Peanut Butter Baked Beans 6</p>	<p>Cottage Cheese 12 Fruit Plate Poppyseed Bread Margarine Plums 8</p>	<p>Fresh Fruit & 13 Graham Crackers Three Bean Salad English Muffin w/ Peanut Butter Chocolate Pudding Cup 7</p>
<p>Layered Salad 16 Raisin Box Peaches Banana Bread 7</p>	<p>Strawberry 17 Spinach Salad Raspberry Vinaigrette Cinnamon Apple Muffin Banana 5</p>	<p>Fresh 18 Tomato Salad French Dressing Baked Beans Wheat Bread Fresh Orange 6</p>	<p>Black Bean Salad 19 Tortilla Chips Raisin Box Pears 6</p>	<p>20 Ambrosia Salad Cracked Wheat Roll Peanut Butter Pineapple Tidbits 10</p>
<p>Chicken 23 Spinach Salad Poppyseed Dressing Poppyseed Bread Raisin Box Mandarin Oranges 8</p>	<p>Deluxe Salad 24 French Dressing Cracked Wheat Roll Margarine Applesauce 7</p>	<p>25 Fresh Fruit Plate Raisin Box String Cheese Cinnamon Apple Muffin 6</p>	<p>CA Walnut Pear 26 Raspberry Vinaigrette Pineapple Tidbits Cake w/Frosting 7</p>	<p>Cobb Salad 27 French Dressing Cracked Wheat Roll Margarine Tropical Fruit Salad 5</p>
<p>Beef & Bleu Salad 30 Bleu Cheese Dressing Cracked Wheat Roll Margarine Sugared Plums 6</p>	<p>31 Apple Almond Salad Raspberry Vinaigrette Banana Bread Orange Juice 9</p>			

Menu

Includes fat free milk

Meals provides 1/3 of the Recommended Daily Allowance (RDA)

Menu subject to change

Special Events:

Aug 3: Watermelon Day
Aug 15: Relaxation Day
Aug 26: Birthday Party
Aug 29: More Herbs, Less Salt Day

National Eye Exam Month
Foot Health Month

