



# Tanglewood PARK

Discount Dining Menu

**Served Monday-Friday From 8am-10:30 am**


**Selection # 1**  
**French Toast**

Choose one slice with  
2 Sausage or 3 Bacon Strips  
-OR-  
Choose two slices  
No meat with this choice



**Selection # 2**  
**Scrambled Eggs**

With 1 or 2 slices of Toast:  
*White, Wheat or Rye*  
Plus 2 Bacon Strips or  
1 sausage

**Selection # 3**   
Vanilla Yogurt & Fruit  
Parfait

Low fat yogurt layered with  
fruit selections & granola

**Breakfast !**

**ADD ANY TWO  
SIDE CHOICES**

**WITH ALL MEAL  
SELECTIONS**

**JUICES**

Orange Juice  
Apple Juice  
Tomato Juice

**FRUIT**


Piece of Fresh Fruit  
Fresh Fruit Cup

Hash Browns

English Muffin  
One Slice of Toast:  
*Wheat, White or Rye*



**Selection # 4**  
**Breakfast Sandwich**

 Made with a fresh egg,  
Bacon OR Sausage,  
& American Cheese on  
White, wheat or rye bread

**Selection # 5**  
**Pancakes**

Choose 1 or 2  
Choose Plain or Blueberry  
Plus 2 Sausage or 3 Bacon



**Selection # 6**  
Cup of Loaded Oatmeal

Hearty oatmeal with brown  
sugar, raisins, dried cranber-  
ries, toasted slivered almonds  
and walnuts.

**All Selections include: FF Milk or Coffee or Lipton Tea**

**Discount Dining Cards Only!! Sorry, No Take Outs**