



2012 February Salad Menu



Menu

Includes fat free milk

Meals provides 1/3 of the Recommended Daily Allowance (RDA)

Menu subject to change

Special Events:

Feb 2nd: Groundhog's Day
 Feb 14th: Valentine's Day
 Feb 20th: Closed for President's Day
 Feb 21st: Fat Tuesday
 Feb 22nd: Ash Wednesday
 Feb 23rd: Birthday Party

Black History Month

American Heart Month

National Cherry Month



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Steak Salad FF French Cracked Wheat Roll Margarine Plums 6	2 Apple Almond Salad Raspberry Vinaigrette Banana Bread Orange Juice 9	3 Antipasta Salad Cinnamon Apple Muffin Margarine Peaches 8
6 Buffalo Chicken Lt Ranch Blueberry Bread Apple 6	7 Oriental Salad Raspberry Vinaigrette Baked Beans Wheat Bread Applesauce Margarine 7	8 Caramel Apple Salad Three Bean Salad Wheat Bread Mandarin Oranges 7	9 Calypso Salad Mango Char Cinnamon Apple Muffin Pears 5	10 Taco Salad Tortilla Chips Raisins Apricots 8
13 Cottage Cheese Plate Poppyseed Bread Margarine Plums 8	14 Seafood Salad Lt Ranch Dressing Cracked Wheat Roll Pineapple Tidbits 7	15 Chef Salad Lt Ranch Cracked Wheat Roll Peaches 5	16 Fresh Fruit/Graham Crackers 3- Bean Salad Chocolate Pudding English muffin Peanut Butter 7	17 Ranch Pasta Salad Carrots/ Celery Sticks w/ Peanut Butter Baked Beans 6
20 CLOSED President's Day	21 Black Bean Salad Tortilla Chips Raisins Pears 6	22 Layered Salad Banana Bread Raisin Box Peaches 7	23 Strawberry Spinach Raspberry Vinaigrette Cinnamon Apple Muffin Banana Cake with Frosting 5	24 Ambrosia Salad Cracked Wheat Roll Peanut Butter Pineapple tidbits 10
27 Fresh Fruit Plate Cinnamon Apple Muffin Raisins String Cheese 6	28 Chicken Spinach Salad Poppyseed Dressing Poppyseed Bread Raisins Mandarin Oranges Cake w/ Frosting 8	29 Walnut Pear Salad Raspberry Vinaigrette Cracked Wheat Roll Margarine Pineapple Tidbits 7		