



# January 2012

## Salad Menu



### Menu

Includes fat free milk

Meals provides 1/3 of the Recommended Daily Allowance (RDA)

Menu subject to change

#### Special Events:

- Jan 1<sup>st</sup>: New Year's Day
- Jan 2<sup>nd</sup>: Closed
- Jan 6<sup>th</sup>: Bean Day
- Jan 15<sup>th</sup>: National Hat Day
- Jan 16<sup>th</sup>: Closed for Martin Luther King Jr. Day
- Jan 24<sup>th</sup>: Compliment Day
- Jan 26<sup>th</sup>: Birthday Party

- National Blood Donor Month
- National Oatmeal Month
- National Braille Literacy Month

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>2</b></p> <p>CLOSED</p>	<p><b>3</b></p> <p>Calypso Salad Mango Char Cinnamon Apple Muffin Pears 5</p>	<p><b>4</b></p> <p>Taco Salad Tortilla Chips Raisins Apricots 8</p>	<p><b>5</b></p> <p>Buffalo Chicken Lt Ranch Blueberry Bread Apple 6</p>	<p><b>6</b></p> <p>Oriental Salad Raspberry Vinaigrette Baked Beans Wheat Bread Applesauce Margarine 7</p>
<p><b>9</b></p> <p>Fresh Fruit &amp; Graham Crackers 3- Bean Salad Chocolate Pudding English Muffin Peanut butter 7</p>	<p><b>10</b></p> <p>Ranch Pasta Salad Carrots/ Celery Sticks w/ peanut butter Baked Beans 6</p>	<p><b>11</b></p> <p>Seafood Salad Lt Ranch Dressing Cracked Wheat Roll Pineapple Tidbits 7</p>	<p><b>12</b></p> <p>Cottage Cheese Plate Poppyseed Bread Margarine Plums 8</p>	<p><b>13</b></p> <p>Chef Salad Lt Ranch Cracked Wheat Roll Peaches 5</p>
<p><b>16</b></p> <p>CLOSED</p>	<p><b>17</b></p> <p>Layered Salad Banana Bread Raisin Box Peaches 7</p>	<p><b>18</b></p> <p>Black Bean Salad Tortilla Chips Raisins Pears 6</p>	<p><b>19</b></p> <p>Ambrosia Salad Cracked Wheat Roll Peanut Butter Pineapple tidbits 10</p>	<p><b>20</b></p> <p>Strawberry Spinach Raspberry Vinaigrette Cinnamon Apple Muffin Banana 5</p>
<p><b>23</b></p> <p>Cobb Salad French Dressing Cracked Wheat Roll Margarine Tropical Fruit 5</p>	<p><b>24</b></p> <p>Deluxe Salad French Dressing Roll Applesauce 7</p>	<p><b>25</b></p> <p>Fresh Fruit Plate Cinnamon Apple Muffin Raisins String Cheese 6</p>	<p><b>26</b></p> <p>Chicken Spinach Salad Poppyseed Dressing Poppyseed bread Raisins Mandarin Oranges Cake w/ Frosting 8</p>	<p><b>27</b></p> <p>Walnut Pear Salad Raspberry Vinaigrette Cracked Wheat Roll Margarine Pineapple Tidbits 7</p>
<p><b>30</b></p> <p>Creamy Fruit Salad Carrot/ Celery Sticks 3-Bean Salad Rye Bread Margarine 7</p>	<p><b>31</b></p> <p>Beef and Bleu Bleu Cheese Dressing Roll Margarine Sugared Plums 6</p>			