



# July 2010

## Site Hot Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			Sliced Ham <b>1</b> Scalloped Potato Normandy Veggies Pull Apart Roll Cinnamon Applesauce Rice Krispie Treat 7	Beef Stroganoff <b>2</b> Over Noodles Carrots Pull Apart Roll Pears Cherry Crisp 6
<b>5</b> CLOSED FOR CELEBRATION OF INDEPENDENCE DAY	Cavatappi <b>6</b> Broccoli Tropical Fruit Pull Apart Roll Cherry Crisp 6	Oven Fried Chicken <b>7</b> Mashed Potato/Gravy Sautéed Cabbage Corn Muffin Fresh Apple 5	Pork Chop Suey <b>8</b> Over Rice Corn w Peppers Fruit Cocktail Pineapple Upside Down Cake 6	Goulash <b>9</b> Spinach Peaches Garlic Bread Juice 5
<b>12</b> Sweet & Sour Meatballs Rice Carrots Lima Beans Fresh Apple 6.5	Stuffed Chicken <b>13</b> Baked Potato/S.Cream Beets Wheat Bread Blueberry Crisp 7	Turkey Noodle Casserole <b>14</b> Broccoli Squash Plums 4.5	BBQ Pork on Bun <b>15</b> Corn Peas & Carrots Banana 5	Lemon Fish <b>16</b> Baked Potato/S. Cream Garden Peas Pull Apart Roll Apple Cobbler 6
Chicken Diane <b>19</b> Mashed Potato Spinach Pull Apart Roll Rice Krispie Treat Pears 6.5	Lasagna <b>20</b> Succotash Apple Juice Garlic Bread Tropical Fruit 7	Walking Tacos <b>21</b> Taco Meat, Chips, Lettuce, Tomato, Cheese Sour Cream Baked Beans Juice 5.5	Pepper Steak w/ Mashed Potatoes & Gravy <b>22</b> Asparagus Pull Apart Roll Peaches 6	Honey BBQ <b>23</b> Chicken Wings Cheesy Mashed Potatoes Mixed Vegetables Wheat Bread Creamy Fruit Salad 7
<b>26</b> Sloppy Joes on Whole Wheat Hamburger Bun Peas & Carrots Three Bean Salad Banana Vanilla Pudding 6.5	Tilapia <b>27</b> Baked Potato w/Sr Cream California Veggies Tropical Fruit Angel Food Cake w/Cherry Topping 7.5	Bourbon Chicken <b>28</b> Over Rice Broccoli Mixed Vegetables Pull Apart Roll Applesauce 6	BBQ Pork Ribbette <b>29</b> on Whole Wheat Bun Spinach Tossed Salad Pineapple Tidbits Cake with Frosting 7	<b>30</b> Cabbage Rolls Au Gratin Potatoes Green Beans Pineapple Upside Down Cake 6.5

**Menu**  
Includes fat free milk  
Meals provides 1/3 of the  
Recommended Daily  
Allowance (RDA)

Menu subject to change

**Special Events:**

July 4: Independence Day  
July 5: CLOSED  
July 13: Embrace your  
Geekness Day  
July 29: Birthday Party

National Blueberry Month  
Nat'l Anti-Boredom Month

