



July 2010

Site Salad Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			Oriental Salad 1 Raspberry Vinaigrette Baked Beans Wheat Bread Margarine Applesauce 7	Taco Salad with 2 Taco Sauce Tortilla Chips Raisin Box Apricots 8
5 CLOSED FOR CELEBRATION OF INDEPENDENCE DAY	6 Ranch Pasta Salad Carrot & Celery Sticks w/ Peanut Butter Baked Beans 6	7 Seafood Salad Lite Ranch Dressing Cracked Wheat Roll Margarine Pineapple Tidbits 7	8 Chef Salad Lite Ranch Dressing Cracked Wheat roll Margarine Peaches 5	9 Cottage Cheese Fruit Plate Poppysseed Bread Margarine Plums 8
12 Ambrosia Salad Cracked Wheat Roll Peanut Butter Pineapple Tidbits 10	13 Fresh Tomato Salad French Dressing Baked Beans Wheat Bread Fresh Orange 6	14 Layered Salad Raisin Box Peaches Banana Bread Juice 7	15 Strawberry Spinach Salad Raspberry Vinaigrette Cinnamon Apple Muffin Banana 5	16 Black Bean Salad Tortilla Chips Raisin Box Pears 6
19 Cobb Salad French Dressing Cracked Wheat Roll Margarine Tropical Fruit Salad 5	20 Fresh Fruit Plate Raisin Box String Cheese Cinnamon Apple Muffin 6	21 Chicken Spinach Salad Poppysseed Dressing Poppysseed Bread Raisin Box Mandarin Oranges 8	22 Deluxe Salad French Dressing Cracked Wheat Roll Margarine Applesauce 7	23 Calif Walnut Pear Raspberry Vinaigrette Cracked Wheat Roll Margarine Pineapple Tidbits 7
26 Creamy Fruit Salad Carrot & Celery Sticks Rye Bread & Margarine Three Bean Salad 7	27 Antipasta Salad Cinnamon Apple Muffin Margarine Baked Peaches 8	28 Beef & Bleu Salad Bleu Cheese Dressing Cracked Wheat Roll Margarine Sugared Plums 6	29 Apple Almond Salad Raspberry Vinaigrette Orange Juice Cake w/Choc. Frosting 9	30 Steak Salad French Dressing Cracked Roll Margarine Sugared Plums 6

Menu

Includes fat free milk

Meals provides 1/3 of the Recommended Daily Allowance (RDA)

Menu subject to change

Special Events:

July 4: Independence Day

July 5: CLOSED

July 13: Embrace your Geekness Day

July 29: Birthday Party

National Blueberry Month

Nat'l Anti-Boredom Month

