



# July 2010

## Site Sandwich Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			Meatball Sub <b>1</b> Lettuce, Tomato Coleslaw w/ Vinegar Dressing Pineapple Tidbits 5	BLT with <b>2</b> Cheese Sandwich Coleslaw w/ Vinegar Dressing Raisin Box Sweetened Plums 8
<b>5</b> CLOSED FOR CELEBRATION OF INDEPENDENCE DAY	Turkey & American <b>6</b> w/ Pesto Mayo on Onion Roll Lettuce, Tomato Peaches Apple Crisp 7	Chicken Salad <b>7</b> On Whole Wheat Hamburger Bun Lettuce, Tomato Plums Apple 5	Tomato, Salami, <b>8</b> Spinach Sandwich Coleslaw w/ Vinegar Dressing Fresh Orange Banana Cream Dessert 10	Seafood Sub <b>9</b> w/ Lettuce Three Bean Salad Carrot & Celery Sticks Raisin Box 8
<b>12</b> Chicken Fajita Wrap Three Bean Salad Mandarin Oranges Apple Crisp 7	<b>13</b> Club Sub Lettuce, Tomato Juice Banana Cream Dessert 7	Blue Cheese Wrap <b>14</b> Coleslaw w/Vinegar Dressing Raisin Box Applesauce Rice Pudding 11	<b>15</b> Turkey on Bagel Lettuce, Tomato Raisin Box Apricots 6	<b>16</b> Meatloaf Sandwich Lettuce, Tomato Tossed Salad Apple 5
<b>19</b> Reuben Sandwich Lettuce, Tomato 1000 Island Dressing Carrot & Celery Sticks Banana Rice Pudding 6	<b>20</b> Chicken Vegetable Pita Lite Ranch Dressing Plums Apple Juice Apple Crisp 11	<b>21</b> Tuna Fruit Sandwich Lettuce and Tomato Peaches Banana Cream Dessert 8	<b>22</b> Peanut Butter & Jelly Sandwich Carrot & Celery Sticks Raisin Box Pineapple Tidbits 9	<b>23</b> Ham, Apple, Swiss Sandwich Three Bean Salad Creamy Fruit Salad Fresh Orange 8
<b>26</b> Egg Salad Sandwich Carrot & Celery Sticks Beets Banana 4	<b>27</b> Chicken Caesar Wrap Three Bean Salad Pineapple Tidbits Apple Crisp 9	<b>28</b> Southwestern Wrap Toss Salad Fresh Orange 5	<b>29</b> Hawaiian Ham Sandwich With Pineapple Raisin Box Pears Cake w/Choc Frosting 9	<b>30</b> Pizza Sub with Green Pepper Strips and Marinara Sauce Raisin Box & Juice Peaches 6

**Menu**  
Includes fat free milk  
Meals provides 1/3 of the  
Recommended Daily  
Allowance (RDA)

Menu subject to change

**Special Events:**

July 4: Independence Day  
July 5: CLOSED  
July 13: Embrace your  
Geekness Day  
July 29: Birthday Party

National Blueberry Month  
Nat'l Anti-Boredom Month

