

Tanglewood PARK

TUESDAYS !

DINNER

From 4 pm—6:30 pm

July 6th

Cabbage Rolls
Or
Oven Roasted Turkey

Add 3 Selections:

Rice Pilaf
Green Beans
Tossed Salad
Peaches

Includes:
Dinner Roll and Butter
Mini Dessert
Beverage

July 13th

Homestyle Meatloaf
Or
Ham Steak

Add 3 Selections:

Mashed Potatoes & Gravy
Asparagus
Buttered Corn
Fresh Fruit Medley

Includes:
Dinner Roll and Butter
Mini Dessert
Beverage

BEVERAGE CHOICES:

Skim Milk

Brewed Coffee

Hot Tea

July 20th

Beef Stroganoff over Noodles
Or
Char-grilled Chicken Breast

Add 3 Selections:

Scalloped Potatoes
Harvard Beets
Baked Beans
Fresh Fruit Medley

Includes:
Dinner Roll and Butter
Mini Dessert
Beverage

July 27th

Baked Alaskan Pollock
Or
Pork Loin

Add 3 Selections:

AuGratin Potatoes
Broccoli
Coleslaw
Fruited Jello

Includes:
Dinner Roll and Butter
Mini Dessert
Beverage

\$ 6.49 Cost per meal without AgeWell Card